

April 2026
Volume 5
Number 60

Events at Rockspire

UPCOMING EVENTS at Rockspire showcase the diversity of our community. Come join us as we explore through voice, hands, and song the wondrous talents of performers and experts in our vicinity; learn about the healing properties of our natural environment, the importance of creativity, and share knowledge about Hispanics in the region.



A neighborhood hawk's recent visit at the MobbyMac Carriage House
Photo by G. Myers 3.27.26

Rockspire Events Schedule

April → July 2026

- April 28 - **The Memory Café** - Pam Johnson
- April 25 - **"Food as Medicine"** - Lorna Trigg & Samantha Buyskes
- May 23 - **"Opera in the Ozarks"** - Chris Cathcart
- May 26 - **The Memory Café** - Pam Johnson
- June 23 - **The Memory Café** - Pam Johnson
- June 27 - **"Hispanics in Northwest Arkansas: A Teacher's Perspective"** - Nora & Steven Skattebo
- July 25 - **"Wisdom of our Hands"** - Doug Stowe
- July 28 - **The Memory Café** - Pam Johnson



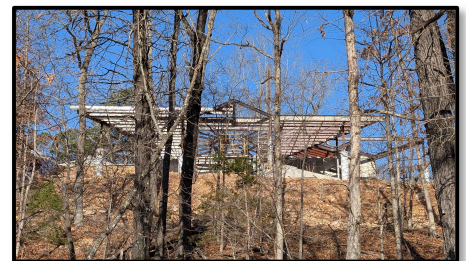
Three homes under Construction
Photo by D. Buyskes 4.9.26

Construction Progress photos

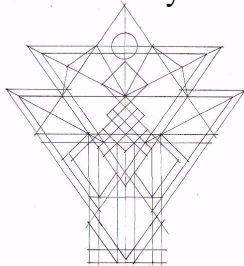


Wright & Johnson residences under Construction
Photo by D. Buyskes 4.9.26

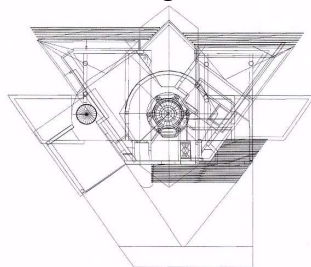
Myers' residence construction as seen from below on Joan's Angel Trail
Photo by G. Myers 3.14.26



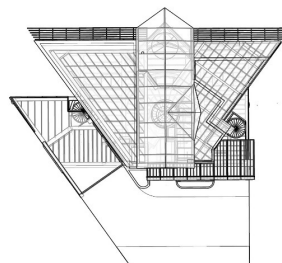
Myers' Residence - Design / Construction Progression



Conceptual Design



Design Development



Final Design



Construction
Photo by D. Buyskes 4.9.26





Dr. Tiffany Means, CEO
Eureka Springs Hospital

The Rockspire Forum, March 28, 2026

As a “*Living Laboratory for Regenerative Sustainable Lifestyles*”, Rockspire recognizes that a key component to achieving our goals is a healthy lifestyle. Therefore, The Rockspire Forum invited Dr. Tiffany Means, CEO of the Eureka Springs Hospital, to address the healthcare issues facing us as a rural community.

Dr. Means’ presentation opened with how people’s perceptions about what a hospital is and what it does can be changed for the better. Apart from treating patients with a wide range of maladies, a hospital can be a place that is daunting to navigate, particularly in a health-related crisis. She wants to re-frame that perception into one that can be inviting and encouraging wellness, not exclusively treating conditions that have worsened due to lack of options to receive preventive care.

Dr. Means invited attendees of the Rockspire Forum to think more broadly about healthcare and to ask how things could be changed to make the hospital more serviceable for the population. The challenges rural hospitals face often boil down to distance, response times to urgent care situations, and lack of specialized care. This frustrates people to the point of distrusting the ability of the hospital to service them timely and adequately.

To define ES Hospital’s service takes all in the community to express what healthcare delivery means to them. Dr. Means sees opportunity to clearly define what the hospital can do to meet the needs of its community. She provided basic facts and opened the floor to discussion. Many questions were asked, and thoughts shared.

Steps that are key to this transformation:

1. Recognize that a one-stop shop for all isn’t sustainable
 2. Redesign delivery of care through greater outreach, partnerships, and relationship-building
 3. Move from crisis management to a Healthcare Hub, connecting people within a coordinated system to find and get the personalized care needed
- Often the preventive side of healthcare is overlooked, but Dr. Means feels this can and must be addressed through greater access, more connected systems of care, and more emphasis on serving the demographics of the community. For example, are more elderly or female populations underserved because they don’t have many options to get basic checkups? Dr. Means wants to prevent what often happens when rural hospitals remain so distant from patients. They lose touch with what can be done to become a patient’s advocate through all life stages.
 - The expense of getting transported to a regional hospital is high. Can greater use of telemedicine and regular wellness appointments lead to a healthier community? What can be done to prevent having to go to an emergency room?
 - Part of the task to re-frame ES Hospital is to inform patients how to control their own conditions before they become major health issues. Prevention of stroke, heart attack and kidney failure, to name a few, are all manageable years before they develop into emergencies.

Dr. Means proposes a phased plan to offer:

- Urgent care
- Infusion services
- Survival flight access
- Specialty clinics
- Women’s mobile health
- Telemedicine
- Community education

Dr. Tiffany Means, CEO
At the Rockspire Forum
Photo by E. Chapman 2.25.26



The Rockspire Forum attendees walked away with a greater understanding of what a rural healthcare system can look like when more thought and intentional changes are made with community input.

